

Pomelo

(Peri) Menopause care that goes beyond treating one symptom

Every woman eventually faces a decade-long hormonal shift but they shouldn't have to navigate the marketing noise, non-specialized services, or just a prescription with no plan.

The system is failing women in midlife

7.8%

of women receive all recommended preventive care services for their age

80%

of OB-GYN residency programs lack dedicated menopause curriculum

63%

of women report feeling dismissed by a medical provider when sharing menopause symptoms

\$1.8B

in menopause-related lost work time in the U.S. alone

(Peri) Menopause evidence-based care that treats your midlife workforce

Team-based practice

Pomelo's multidisciplinary team of clinicians work together to provide the best possible care: Menopause Society Certified Providers, Registered Dietitians, Nurses, and Mental Health Therapists

Targeted symptom relief

There are over 34 symptoms that can be experienced through this hormonal shift, Pomelo's care delivery approach targets the key drivers, connecting the dots on common symptoms to create 1:1 care plans for sustained relief.

- Hot flashes and night sweats
- Sleep disruption
- Mood & emotional health
- Weight management and metabolic health
- Sexual and reproductive health
- Brain fog, memory, and focus

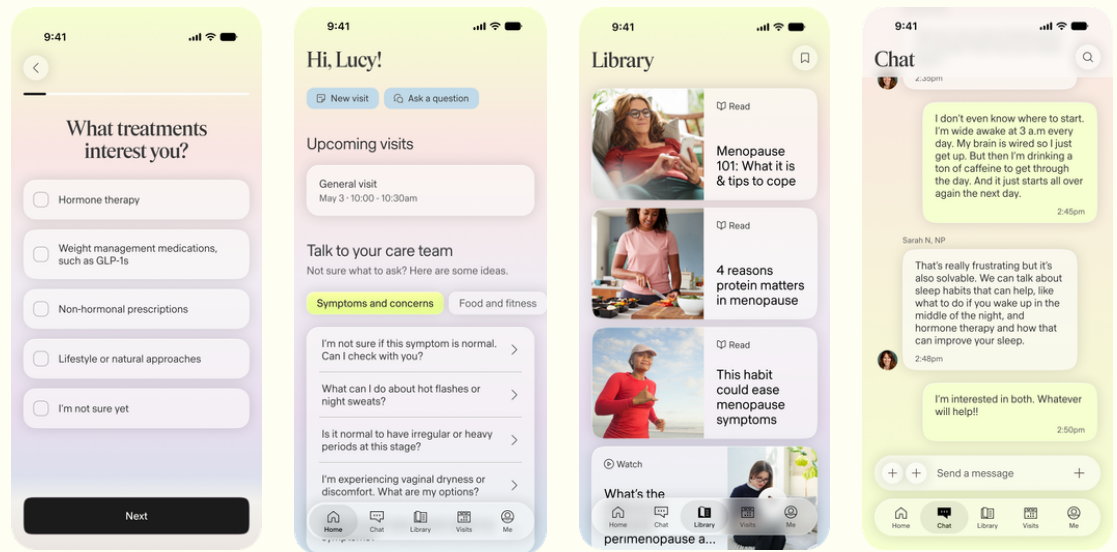
Holistic medication management

We don't sell supplements, compounded medications, or have any revenue benefits to prescribing a medication. Our single mission is to provide interventions that provide relief – this could be a medical guideline recommended supplement, lifestyle changes, or hormonal/non-hormonal therapies.



Multimodal access to multidisciplinary care

Pomelo patients can receive care via app, text, phone, and video appointments.



Transparent patient utilization

Enrollment

25% of the symptomatic population enrolled

Active care

100% of fees fund care interactions

Engagement

5 months average sustained engagement

Access

5 minute median response time

Validated impact

40+

peer-reviewed analyses with leading academic bodies (NAMS, ACOG, etc.)

80%

report reduction in menopause symptoms in 60 days



86%

report meaningful improvement in the ability to work



Behind every symptom is a person. Pomelo is designed to treat the hormonal shifts so you can retain your midlife workforce.

Contact us to learn more: info@pomelocare.com