

Pomelo

Fewer and shorter NICU stays. Safer trips home.

A NICU stay is among the most expensive and emotionally taxing events in maternity care. Delayed discharges, readmissions, and ER visits add cost and strain for everyone. And for NICU graduates, the costs are **5x** more for the first 18-24 months of life. This isn't a fixed cost but a continuous one.

Pomelo's 24/7 multidisciplinary virtual team supports families before, during, and after a NICU stay, to reduce the impact of one of the most costly birth outcomes.



Three ways Pomelo changes the trajectory for families and your medical costs:



1. NICU prevention

- Identifying and enrolling a pregnancy as early as 10 weeks gestational age
- Dynamic risk assessments that update as a pregnancy evolves
- Management of gestational and chronic conditions that lead to preterm birth
- Remote monitoring, mental health support, and doula advocacy



2. NICU management

- Longer gestation through management of preeclampsia and gestational diabetes reduces NICU length of stay
- NICU-specific feeding and lactation support
- Parent skill-building and mental health support through a stressful stay
- Discharge planning that begins early in collaboration with the NICU facility and Pomelo multidisciplinary team



3. The transition home

- Discharge readiness: supplies, breast pumps, car seats, and home prep
- Pediatric and maternal urgent care, plus lactation counseling
- Ongoing remote monitoring with the Pomelo team to reduce ED visits or readmission

The Results

Peer-reviewed, claims-based impact demonstrates Pomelo's ability to improve birth outcomes. Published with the American Academy of Pediatrics.

22%

reduction in
preterm births

15%

reduction in NICU
length of stay

34%

reduction in total
NICU costs

20%

reduction in infant ED
or inpatient visit within
60 days of discharge

Contact us to learn more: info@pomelocare.com

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